



Mental Health
FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING

MENTAL HEALTH FIRST AID

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

REGISTER TODAY!

DATE AND TIME:

October 10, 2024

9:00am – 3:00pm

LOCATION:

6500 Imperial Dr.

Waco, TX 76712

This training
will be given
FREE of
charge for a
limited time!

TO REGISTER CONTACT:

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HEART OF TEXAS
Behavioral Health Network